

Tuning in to Kids for Dads

Do you

- have difficulty managing your child's behaviour?
- want to strengthen your parenting skills?
- want to learn ways to better connect with your child?
- feel concerned about the level of conflict in your home?

Tuning in to Kids is a highly regarded and well-researched program that supports dads to develop and enhance their parenting skills, focusing on building the relationship between parent and child.

This free program teaches dads:

- to be aware and to regulate your own emotions
- to be aware of your child's emotions
- to use your child's emotional experiences as an opportunity for closeness and teaching
- skills to help your child verbally name their emotions
- skills to help your child to problem-solve
- to guide your child's behaviour with appropriate limits.



Duration	6 sessions on Mondays in 2017.
When	5:30 - 7:30pm October 16, 23, 30; November 6, 13, 20
Where	Relationships Australia Victoria 2/199 South Gippsland Highway, Cranbourne
Cost	Free of charge
Register	Bookings are essential as places are limited. To register or for more information call (03) 5990 1900 or email cranbourne@rav.org.au