



SUNSMART

POLICY

Rationale:

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

Objectives:

The goals of the SunSmart Policy are to:

- Ensure that all students and staff maintain a healthy UV exposure balance.
- Work towards a safe school environment that provides shade for students, staff and the school community at appropriate times.
- Assist students to be responsible for their own sun protection.
- Ensure that families and new staff are informed of the school's SunSmart policy.

Implementation:

- This policy is to be read as part of our Uniform policy.
- To help protect the skin, a combination of sun protection measures is used from the beginning of September until the end of April and whenever the UV Index level reaches 3 and above.
- From September to April, particular care is taken between 10 am and 3 pm when UV levels reach their peak. Whenever possible, outside activities on hot days should be scheduled before 11:00am.
- A combination of sun protection measures are considered when planning all outdoor activities. (e.g. recess, camps, excursions, sporting events, swimming carnivals).
- For winter vitamin D, sun protection is not used from May until August unless the UV Index level reaches 3 and above.

Shade:

- The school has sufficient shade or is working towards increasing the number of trees and shade structures so as to provide adequate sun protected areas in the school grounds.
- Students are encouraged to use available areas of shade for outdoor activities.

Sun Protective Clothing and Hats:

- Students will be required to wear The Cancer Council approved bottle-green, close-weave, broad brimmed hats (at least 8 cm rigid brim) during Terms 1 and 4 whenever they are outside. (and commencement of Term 2/end of Term 3, if deemed necessary.)
- The Parents Group will ensure that bottle green broad brimmed hats and appropriate sun protective clothing (polo shirts, long/shirt sleeved) are available for purchase from the uniform shop, department stores (K-Mart, Target, Big W etc).
- Students without broad brimmed hats will be restricted to play in designated shaded areas.
- The use of wrap-around sunglasses that meet Australian Standard 1067 (Sunglasses - Category 2, 3 or 4) is encouraged.
- Staff will act as role models by also wearing broad brimmed hats (and sunglasses, if appropriate) and covered shoulders, when outside.

Sunscreen:

- Students will be actively encouraged to use their own broad-spectrum water resistant sunscreen (SPF30+) on excursions, camps and outdoor activities, in accordance with the manufacturer's directions. Time for application of sunscreen is allowed. Staff sunscreen will be provided.

Curriculum:

- Programs on skin cancer prevention and vitamin D are included in the curriculum for each year level.
- Every class completes a SunSmart activity each year. Displays advertise the SunSmart message.
- The school reviews its SunSmart policy regularly, at least once every three years, by monitoring the school's compliance with its policy and making suggestions for improvement.
- Our school has an updated copy of our reviewed policy which includes the above criteria.

Evaluation:

- This policy will be reviewed as part of the school's review cycle.

Approved By	Hallam Primary School Council
Approval Authority (Signature & Date)	
Date Reviewed	December 2010/May 2014
Responsible for Review	Assistant Principal
Next Review Date	May 2017
Reference:	www.sunsmart.com.au Cancer Council of Victoria