



PARENTS BUILDING SOLUTIONS ONLINE

For parents, step-parents, grandparents and carers of children aged 3 - 17 years residing in City of Casey

Join us online in an interactive program to share experiences and ideas, and learn strategies to support your child

**- FREE -
Bookings
Required**

ARE YOU TIRED OF YELLING?

How to get kids to listen, without having to yell

DEALING WITH ANGER

Helping parents, and kids, deal with anger and frustration

RESPONDING TO BEHAVIOUR

Better understand why children behave the way they do

STRATEGIES THAT WORK

How can parenting be easier and more fun!

TERM 4 - TWO PROGRAMS AVAILABLE

Tuesday mornings 9.30am - 11.00am

13th Oct to 24th Nov (6-weeks)

(No session held on Cup Day)

Thursday afternoons 1.00pm - 2.30pm

15th Oct to 26th Nov (6-weeks)

(No session held on 29th October)

WHERE: Online via Zoom with a computer, laptop, tablet or smartphone

BOOKINGS AND ENQUIRIES:

Sandra Phillips at ParentZone

Call / text 0447 500 355 or email

sandra.phillips@anglicarevic.org.au